

Guide to Kineo for Owners and Guests

Kineo Island is a Township with rules set out by the Kineo Community Owners Association (KCOA) and the Mt. Kineo Golf Course, which is a privately-owned business. Both entities have provided the following information for the benefit of all who stay or visit on Kineo. Please take note of the following information and enjoy your stay or visit on our beautiful island.

Vehicles

- The community is designed such that the use of golf carts (or similar vehicles), both gas and electric shall be the major means of transportation about the property.
- Kineo has a 15-mph speed limit.
- Drivers are to stay to the right when operating vehicles, especially on blind curves.
- No person under the age of 16 may operate vehicles on Kineo (unless accompanied by an adult)
- Vehicles must stay on KCOA roads at all times. Operators are not to cross the golf course fairways with any vehicles, including golf carts.
- Owners are responsible for the conduct of their guests and renters. Failure to comply with vehicle rules may result in loss of operating privileges.

Golf

- Golf is not a privilege of ownership. Please check in at the clubhouse and pay before beginning your round. Golf is to be played in groups of four or fewer players. There are annual memberships available for individuals and families.
- Golf is not free before or after business hours. Please do not play before business hours as this is when the golf course staff are maintaining the course. If you choose to play after business hours, please inform the clubhouse of your intentions before it closes and pay in advance, by phone preferably. We need to know who is on the course, and when, for COVID-19 tracking.
- There are no practice facilities for golf on Kineo. Please refrain from using a green near your home as a practice green, and from using the tees and fairways as a driving range, whether the course is open or not.
- Owners and guests are not allowed to picnic, play frisbee, play soccer, etc. on fairways at any time. Owners and guests must stay off fairways and greens, at all times and yield to golfers in play.

Hiking

- The trailhead to Mt Kineo is located near the golf course docks. The trails are owned and maintained as state park lands. Access is an honor-based fee system. The fee collection box is at the beginning of the trail access road.
- There are two well-marked trails off the Carriage Trail to the top of Mt. Kineo. The Indian Trail is steeper and hugs the edge of the cliff in some places. Bridle Trail access is a short distance beyond the Indian Trailhead. This offers a more gradual and sheltered ascent.

- The Carriage Trail follows the perimeter of the Kineo peninsula past Hardscrabble Point and connects with the North Trail that ascends Mt Kineo steeply from the North. This route is significantly longer than the others and is less-frequently traveled.
- Hikers should consult trail maps before using trails. Conditions of the trails may vary greatly due to weather, erosion and wear and tear.
- There are no trash facilities or restrooms on the trail, with the exception of an outhouse at Hardscrabble Point. Hikers should plan accordingly and be prepared to carry all trash out.
- As always, hikers should carry plenty of water for each hiker, and exercise good judgement, especially in inclement weather.

Pebble Beach

- Pebble Beach is owned and maintained by KCOA. Members of the public are welcome to use the area per the guidelines established by KCOA.
- There is no lifeguard on duty. Beachgoers are responsible for their own safety.
- There are no bathroom or trash receptacles at Pebble Beach. Beachgoers are asked to carry-in/carry-out trash and use their own cottage or boat bathroom facilities.
- KCOA has designated a swim area for the safety of owners and guests. For the safety of swimmers, no power boats are allowed in this area.

Sunset Beach

- Sunset Beach is private property. KCOA owners and their guests are welcome to use it. Beachgoers are asked to respect the property as if it were their own. All trash should be removed. A “carry-in/carry out” policy is in effect for Sunset Beach.

Trash

- There is no trash disposal on Kineo. All trash must be carried off the island. The Rockwood Dump is located on Somerset Rd. a short distance down Rockwood Rd. (Rt 15) toward Greenville. It is open from 8:00 am to 4:00 pm on Sunday, Monday and Thursday.

Access

- The Kineo Shuttle is operated by the Mt. Kineo Golf Course and runs from Friday of Memorial Day weekend through Columbus Day.
- The shuttle departs from the Rockwood Dock to Kineo during May and June at 9:00 am, 11:00 am, 1:00 pm and 3:00 pm. The return trip from Kineo to Rockwood Dock departs at 10:45 am, 12:45 pm, 2:45 pm and 4:45 pm.
- During July and August leaving Rockwood Dock hourly from 8 a.m.-6 p.m. and returning from the Kineo dock at 9:45 a.m.- 6:45 p.m.
- During September (after Labor Day) and October the shuttle departs Rockwood Dock hourly from 9:00 am - 4:00 pm. and returning from Kineo dock hourly from 9:45 a.m.- 4:45 pm
- For pricing each year call the Golf course at 207-534-9012. Shuttle passes are available only for Kineo owners.
- Parking is at Rockwood Landing or the Kineo Owners lot.
- See Marina section for access by boat.

Marina

- Most owners at Kineo own a slip(s) for their boat(s) at one of the marinas in Kineo Cove. There are 2 guest slips in the West Cove marina for use by guests of Kineo owners.

Little Free Library

- There is a free library located in front of the Oak Lodge. Owners and guests are free to borrow books and are encouraged to add to the collection. Books will be discarded as necessary and replaced from time to time.

First Aid

- A defibrillator and basic first aid kit is located outside the golf clubhouse. A basic first aid kit is also located at the Little Free Library in front of the Oak Lodge. The golf course maintains an advanced first aid kit with items such as epinephrine, oxygen, and other items designed for appropriately-trained persons. These kits are checked seasonally, but KCOA does not provide any guarantee that they are present or complete.

Miscellaneous

- There is no gasoline available on Kineo. It can be purchased at the Rockwood Convenience Store. Gasoline for boating may be available on the Moose River across from the Moosehead Marina and is available at the Birches.
- The golf course clubhouse is open to the public from 8:15am to 6:45pm daily (July and August) and 8:15 am - 4:45 pm daily (May, June, September, October). Their lunch counter serves food from 10:00 am until 5:45 pm. (July, August) and 3:45 pm (May, June, September and October).
- There are no stores on Kineo. All provisions need to be brought in.

Revised 8/2019